



Big Fish Coaching

Unleash your potential.

Looking for a new job? Look inside yourself first!

By

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Are you a serial job changer? Do you believe the next company or job title will be better than the one you already have? The passion and drive you feel as you begin a new venture can be like fuel in your engine. It provides the will to succeed, and the success you gain heightens these positive feelings. Your new boss loves what you do and praises your achievements. But in time the journey to the office becomes familiar. Your performance is no longer exceptional, it's expected. It takes longer to get out of bed in the mornings and old feelings of discontent begin to surface. There must be something better than this.

I speak with many people looking for the solution that will transform their career. A new, different, better job can be a beacon of hope. Unfortunately, many will never find what they are looking for, because they are looking in the wrong place.

The good news is there is an alternative to this merry-go-round of dissatisfaction. The answer is closer than you realise, it lies within. You have the ability to light your own fire and regain passion for your career. All it takes is to access your inspiration.

Inspiration is the force that lives inside you. It lights you up and gives you power. Think about a time you were feeling excited and energised about your career.

What were you doing? How good did you feel? Imagine having the ability to access that feeling once again and to apply it to your current situation.

Inspiration gives you the passion and courage to be a winner.

You will make the calls you have been putting off. You will be articulate and energetic and people will want to help.

You will meet the people you have been avoiding. You will network and look to assist others. In return others will assist you.

You will have the difficult conversations. You will ask for the help and support you need. People will respect your courage and honesty and provide you with assistance.

You will tackle the sensitive issues. You will find the words to express your feelings. You will listen to others and work together to find a way forward.

You will face your fears and in doing so will defeat them.

So how do you access this magic? First, you must forgive yourself and others, and let go of past disappointments. Then take responsibility for your career and recognise you have the power to make it better. Get clear about your vision and where you are heading. Write this down and look at it every day. Say it out loud and believe you can achieve it. Make a clear plan to reach your goals and reward yourself for positive steps forward.

You deserve a great career. You have the ability to make this happen. What are you waiting for?

Dawn Harvey is the founder of Big Fish Coaching. She works with business and individuals to develop the skills they need to achieve success. To learn more about how you can take control of your career contact Dawn at info@bigfishcoaching.co.uk or visit www.bigfishcoaching.co.uk for more information.